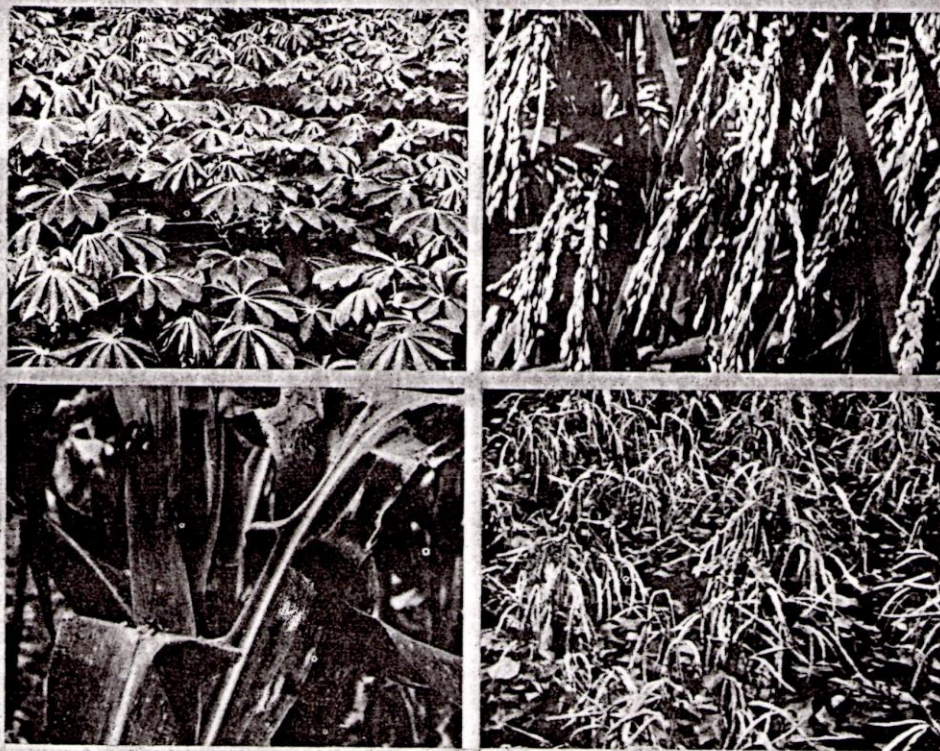

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The implications of these results are relevant to conditions of small-scale farmers. With hand planting, it is unlikely that the recommended plant population for soybeans (250,000 to 300,000 plant ha⁻¹) can be conveniently achieved. In fact, low plant densities on farmers' fields appear almost deliberate, probably to maximize yield with limited available resources. Our results indicate that up to two metric tons of soybean grain can be obtained, on a land that has been left fallow for two years, without the application of phosphorus and zinc. --M.P. Gichuru, K.E. Dashiell, and B.T. Kang.

CHAPTER IV

WETLAND PRODUCTION SYSTEMS

Research on Wetland production systems during 1986 involved water management and hydrological studies conducted at Bida in Nigeria and Makeni in Sierra Leone in collaboration with the International Land Reclamation Institute (ILRI) in the Netherlands, Land and Water Development Division (LWDD) in Sierra Leone, the National Cereals Research Institute (NCRI) and the Bida Agricultural Development Project (BADP) both in Nigeria. Agronomic trials were also carried out on-station in Ibadan and off-site at Bida and Makeni. The objective of the studies is to develop suitable technologies of water, soil and crop management for more intensive use of small inland valleys in West and Central Africa.

Agro-economic surveys conducted in 1983 have revealed that the main problems limiting crop production in small inland valleys were inefficient use of available water, low soil fertility and iron toxicity problems, damage caused by pests (monkeys, birds, rodents, etc.), and labour shortage problems.

4.1 Water Management and Hydrological Studies

A. Makeni - Sierra Leone

A water balance model was developed in 1985 (IITA Annual Report). Field research was initiated in a small valley near Makeni in Sierra Leone in 1986 to verify and improve the model. A triangular, broad-crested concrete weir with an internal angle of 150° was built in the valley with a total catchment area upstream of 115 ha. A rainfall recorder and a water level recorder were also installed.

Piezometers were installed in five cross sections - two upstream and three downstream of the weir. Each cross section consists of four piezometers at 50 cm below surface level and four at 100 cm depth. The piezometers were placed in pairs: one pair on the upland, one pair near the valley bottom and two pairs at the fringes. In every cross section, an open groundwater well was installed. Data from piezometers and groundwater wells were recorded three times a week.

The preliminary hydrological data showed that the reaction factor is 0.20 which is larger than the value 0.038 used previously in the model. A larger reaction factor leads to a faster response of the basin to rainfall. The time between the start of the rainfall and the moment the hydrograph reaches its peak is very short (a few minutes). Approximately one day after a rain storm, 75% of the rain has already left the basin as runoff. This means that the rains during the peak

of rainy season contribute little to crop water use. The early rains, however, are very useful to agriculture. Not only do they allow proper land preparation, they also replenish the soil moisture to field capacity. In the uplands, the mid-season rains keep the soil moisture at a level near field capacity. For the swamps however, they are mostly wasted. The late season rains have the same influence on the uplands as the early rains.

The study showed that the Makeni valleys have a ponded water table of less than 30 cm below soil surface for a period of 7 months a year. Only during April and May, does the ground watertable sink below 30 cm, but seldom deeper than 45 cm. This indicates that with proper water management, a 10-month growing season, i.e. at least two crops of swamp rice a year is feasible.

To test the hypothesis that lack of water control is among the major factors causing low yield of swamp rice in Sierra Leone, five contour bunds were constructed in the same valley near Rogbon. The bunds run perpendicular to the direction of waterflow. Every bund is 40 cm high, with an outlet in the middle (60 cm wide and a crest height of 15 cm). The elevation difference between the bunds is 15 cm. In this way, the five bunds create a cascade of paddies on a 1.6 ha area. It took 24 man days at a cost of about US \$35.00 to construct the bunds.

The main purpose of these bunds is to spread the water over the valley, thus increasing the water level in the fringes, and allowing more efficient use of early season rainfall, and giving farmers the possibility of water control during the growing season. With the bunds it was estimated that the

high-yielding swamp area with water depth of 12-14 cm was extended in such a way, that a 30% increase in total yield can be expected from the 1.6 ha area. Twenty three farmers in the Rogbon area are greatly interested in applying this technology next season
- A. Huizing and M. Jalloh, LWDD

B. Bida - Nigeria

To study low-cost systems of paddy improvement, two small inland valleys, Gara and Anfani, near Bida, Nigeria were selected in 1984 as benchmark sites for the IITA/NCRI/BADP/Netherlands Wetland Utilization Research Project. Basic information on the soils, hydrology, and farming systems was collected. Detailed monitoring on the water, soil nutrients and land use dynamics started in 1986. Field trials to evaluate optimum paddy systems in small inland valley were also conducted.

Rainfall of 1085 mm in 1986 was similar to that of an average year (mean at Bida is 1180 mm and 50% probability is 1025 mm). A survey of land use in the valleys showed that the bottomlands are almost flat, about 3 kilometers long and mostly narrow (20-50m). They comprise about 10 ha at Gara and 15 ha at Anfani (Table 4-1). The valley fringes are also narrow (20-80m), straight to slightly concave, with slope between 2 and 8%. Rice fields cover between 70-75% of total areas of valley bottoms and only about 9% of the fringe area. Gara has three head dyke sluice and peripheral irrigation channels which were constructed by the farm community with assistance from BADP. This informal irrigation scheme covers about half of the valley. The Anfani valley has no informal irrigation scheme.

Table 4.1. Total area and area of paddy field (hectares) in fringe and valley bottom of two inland valley swamps near Bida, Nigeria.

		Gara Valley (Kunko)	Anfani Valley (Echin woye)
Total catchment area		800	1300
Upland area		755	1250
Fringes -	Total	35	35
	Paddy	3	3
Valley bottom -	Total	10	15
	Paddy	7	11

Source: Field survey, November 1986.

Figure 4-1 shows the 10 days rainfall-water discharge relationship in Gara valley between march 1986 and February 1987. Water discharge was measured using a triangular broad-crested weir with an internal angle of 150°. Water discharge data are expressed as mm/10 days for the total catchment area of 800 ha.

Rainfall started in March and stopped at the end of October. however water flow in the central stream started only in late July, and continued to the end of February. Traditional rice cultivation practices are well correlated with the water discharge pattern. Although the water discharge is only 13% of total rainfall over the 800 ha catchment area, it accumulates at the valley bottom. Since the total area of valley bottom is only 10 ha (Table 4-1), it received approximately 11520 mm equivalent of water which is sufficient for rice production (Fig. 4-1).

Thirteen transect lines at Gara and the eleven at Anfani were selected for detailed monitoring of

water dynamics. Each transect has four to eleven plastic tubes 2m long and 2.5 inches in diameter for measuring the depth of surface and ground water. Tubes were positioned at each 50-100 cm differences of topographic height. Every two weeks, depth of surface or ground water were measured.

An example of the water dynamics is presented in Figure 4-2. The area within the thick broken lines represents the area of paddy from transplanting to harvesting. Along transect 1, the rice was continuously flooded for 100 days and more, except near the valley fringe. Paddies received water partly from the peripheral irrigation channel, the central stream, and from seepage. Along transect line VIII, the farmers planted mainly in the valley fringe. They had expected water from the peripheral irrigation channel and seepage. Unfortunately the rainfall in 1986 was not enough to flood the fringes, so most of the rice at the fringe area suffered severe drought stress.

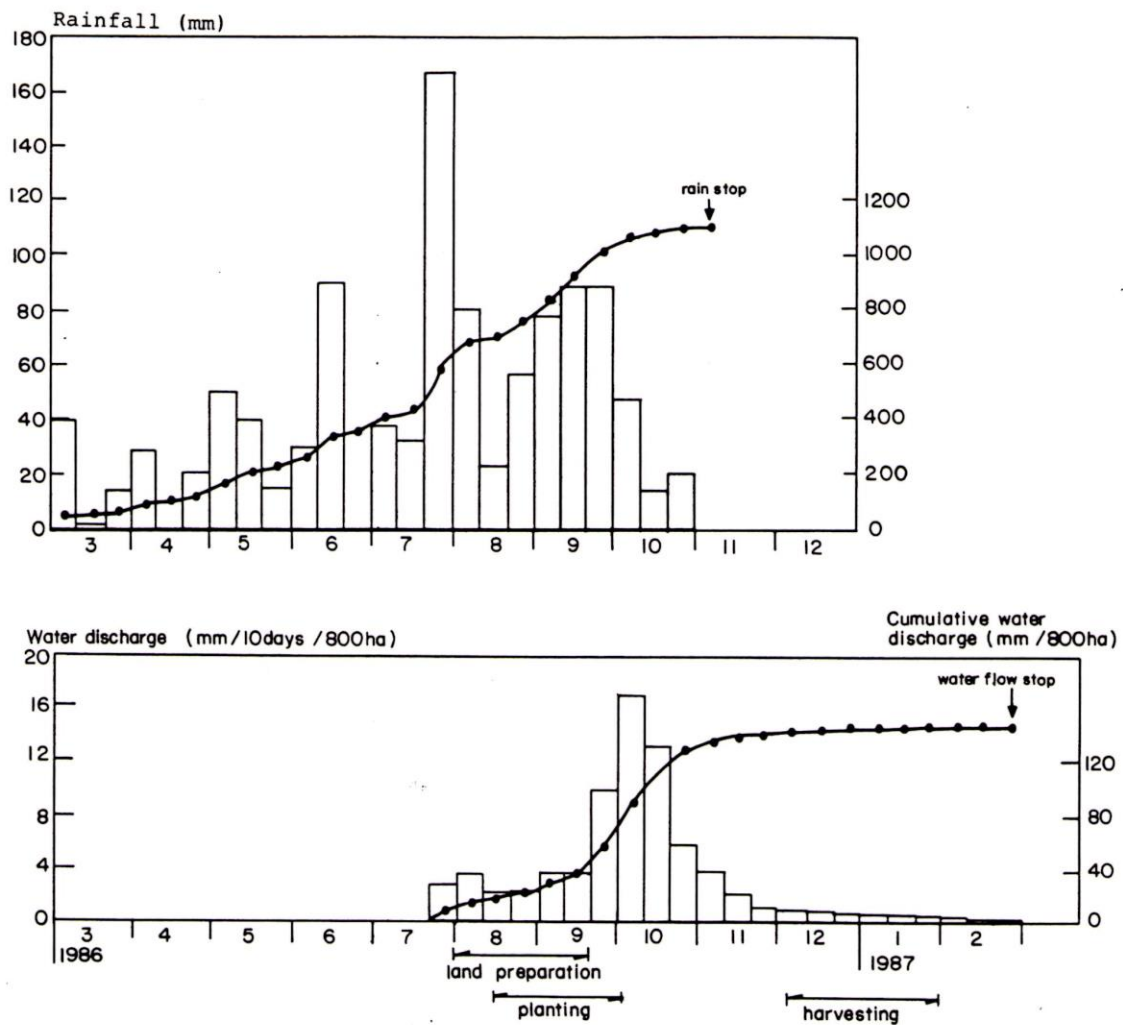


Fig. 4-1. Rainfall-water discharge relationship in Gara valley.

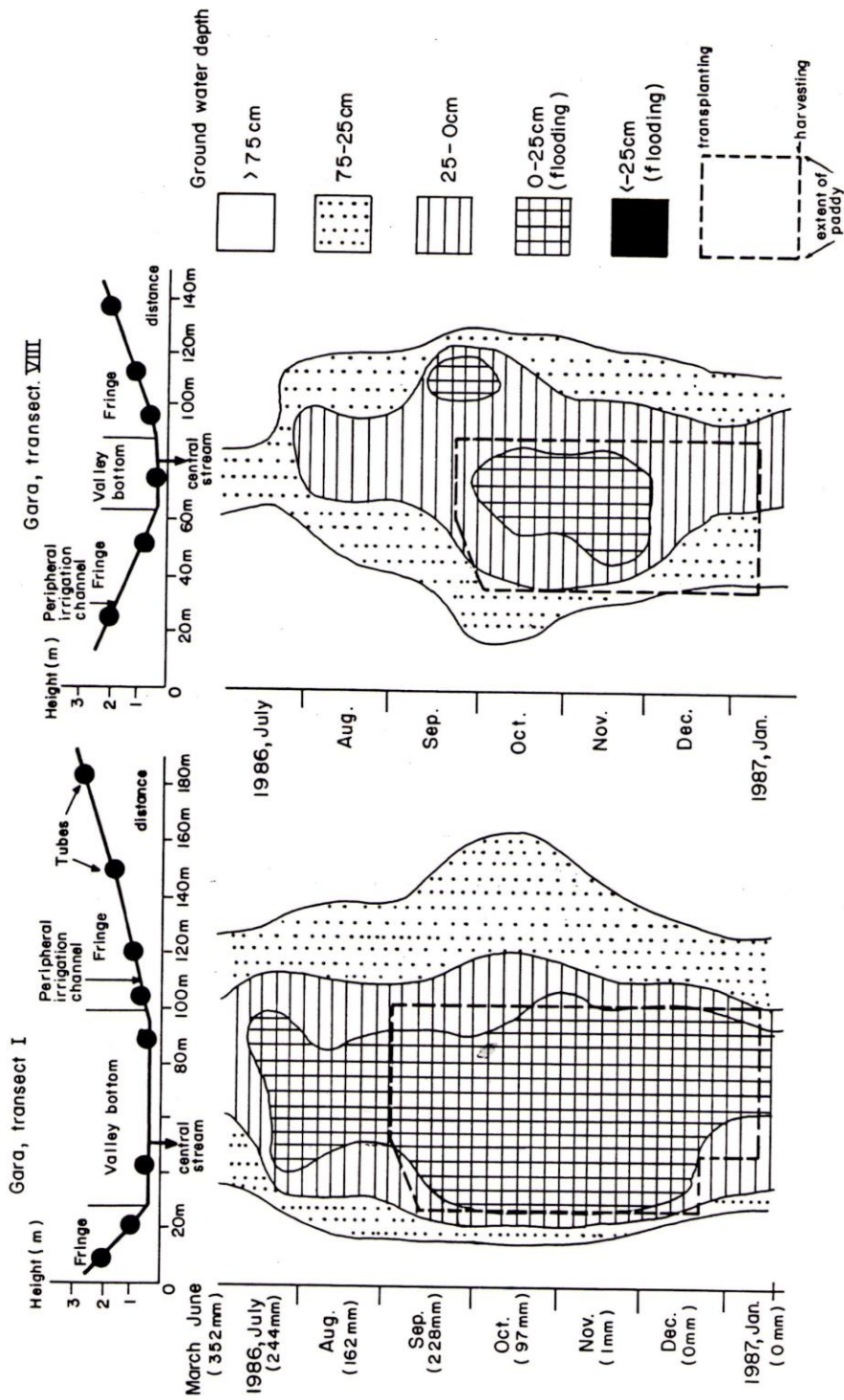


Fig.4-2. Fluctuation of ground and surface water, relation to topography and paddy distribution along transect I and VIII at Gara valley, from July 1986 to January 1987.

Based on dynamics of ground and surface water, water balances in the paddies were calculated and presented in Table 4-2. Tentatively three categories of water balance can be distinguished:- (a) paddies with more than 130 days of continuous flooding where it is possible to grow traditional long duration rice, (b) paddies with 100-130 days continuous flooding where early maturing varieties are more suitable; and (c) paddies with less than 100 days continuous flooding where rice cultivation is risky. Eighty-five percent of paddies in the valley bottom at Gara fall in the first two categories, but 75% of those in fringe (or the "hydromorphic ecology") cannot expect sufficient water to produce a good crop of rice. Water balance of paddies

in Anfani is less satisfactory. One third of paddies in valley bottom and more than 90% of paddies in the valley fringe will suffer drought stress. The difference of water balance of paddy between Gara and Anfani valleys is probably due to the positive effect of the head dyke and peripheral irrigation channels in Gara.

As commonly found in traditionally cultivated inland valley swamps in West Africa, the farmer's paddy units are small (10-70 m²), with weak sandy bunds (about 15 cm high and 15-20 cm wide). Water inlets and outlets are randomly arranged. As a result, waterways between peripheral channels and paddies are complex and not easily differentiated. Paddies at the valley fringe receive some seepage water.

Table 4-2. Percentage of area in Gara and Anfani valleys under different flooding regimes, July 1986-January 1987.

Days of continuous flooding ^a	Gara		Anfani	
	Valley bottom	Fringe	Valley bottom	Fringe
>130	44.3	3.8	34.8	0
100-130	40.7	21.2	30.5	9.6
<100	15.0	75.0	35.1	90.4

^aIf 30 days are added for seed bed preparation; the actual growing days will be > 160, 130-160, and <130.

An improved paddy system was constructed in a part of Gara valley. Improvements involved expanding the plots from 10-70 m² to 100-270 m². After rough leveling by hand hoes, the paddies were puddled by a turtle power tiller. Because of the coarse soil texture, larger bunds were made (30-40 cm high and 40-50 cm wide). Each paddy was given one water inlet and outlet. Because of these improvements water requirement for rice is calculated to drop from 190-240

mm/day to 67-71 mm/day in the valley fringe and from 71-150 mm/day to 21-30 mm/day in the valley bottom for the improved compared to the traditional farming system.

In researcher-managed trials established on two blocks in the improved paddies, seedlings from a nursery established on August 20 at a planting density of 100-150 g/m², were transplanted at a spacing of 25 x 25 cm on September 18. Rice was

harvested on January 13 and 14, 1987. One block received no fertilizer, while the second received NPK at 60-60-60 kg/ha applied in two equal doses before transplanting and at 40 days after transplanting, plus 30 kg/ha N as ammonium sulphate 70 days after transplanting.

Farmer-managed trials were also conducted in two blocks in the improved paddies and in two blocks in the unimproved paddies in the valley. One of the two blocks received only a basal dressing of 15-15-15 while the other received 90-60-60 applied in three doses

as for the researcher-managed block. Each block was subdivided into five plots on each of which one of five rice varieties were planted (FARO 27 as local check, ITA 212, ITA 306, ITA 249 and FARO 29). The results of this preliminary trial are shown in Table 4-3. They indicate that improved water management resulting from the improved paddy system had a big effect on the rice yields and facilitated better response to fertilizer. (T. Wakatsuki, Y.S. Chen, N.C. Navasero, A. Evers, M.C. Palada, O.O. Fashola, J. Musa).

Table 4-3. Rice yields (ton/ha) in farmers traditional paddy compared to an improved paddy system in Gara valley, 1986.

Variety	Fertilizer (kg/ha NPK)	Farmers paddy, farmer's management	Improved paddy, farmer's management	Improved paddy, researcher's management
Local	0-0-0	-	-	4.7
	15-15-15	1.7	3.6	-
	60-60-60	2.4	3.3	6.2
ITA 212	0-0-0	-	-	4.4
	15-15-15	2.2	3.2	-
	90-60-60	3.5	4.6	4.7
ITA 306	0-0-0	-	-	4.6
	15-15-15	1.8	4.9	-
	90-60-60	3.0	6.8	6.1
FARO 29	0-0-0	-	-	4.6
	15-15-15	1.7	3.1	-
	90-60-60	2.2	6.1	5.3
Mean	0-0-0	-	-	4.6(0.1)
	15-15-15	1.9(0.2)	3.7(0.9)	-
	90-60-60	2.8(0.6)	5.2(1.6)	5.6(0.7)

Figures in brackets are standard deviations.



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IMPROVEMENT OF RICE-BASED SYSTEMS

Research on rice-based cropping systems in inland valleys started in 1985 in Bida, Nigeria and in 1986 in Makeni, Sierra Leone. In October 1986, the Rice-Based Systems Working Group was constituted and a multidisciplinary research program was initiated which included agronomy, paddy improvement, water management, and socioeconomic components.

The working group had two general objectives: (1) to link the Resource Management Research Group with the Rice Improvement Program at IITA, and both IITA programs with the national programs; and (2) to develop appropriate technologies and conduct research to improve rice-based farming systems in selected environments representative of inland valley swamps (IVS) and hydromorphic soils in West and Central Africa.

Farmer-managed on-farm trials (OFR) in Bida, Nigeria

Although improved varieties of rice have been introduced in IVS, average yields obtained by farmers are still low. Most of these varieties were developed in favorable environments (irrigated lowland and flood plain). In unfavorable environments such as the rainfed inland valleys, improved varieties do not usually perform well. Another reason for low yields in IVS is that improved varieties have been mixed with local ones by farmers over time, so that seed quality and purity have declined. The objectives of this trial were:

- (1) to determine the yield performance of improved rice varieties under farmer management practices;
- (2) to collect information on the agronomic practices which determine these yields, and
- (3) to analyze the effect of some agronomic determinants to rice yields in IVS.

Four improved varieties and a local variety were planted by farmers using their management practices (land preparation, planting density and weeding). The varieties were assigned as main plots and the fertilizer level as subplots in a split plot design. Each farm is a replicate. The improved varieties were ITA 306, FARO 29, ITA 212 and ITA 249. Two levels of fertilizer were applied. The low rate of 15-15-15 kg N-P-K ha⁻¹ represents the recommended level. Using yield and other agronomic data, the effect of agronomic factors on rice yield and the interaction of environment and management were determined by grouping farmers according to management levels and physical conditions of their rice fields. The agronomic factors analyzed were seedling age, weed control, toposequence and water duration.

Effect of variety and fertilizer

Frequency of crop failure is a simple criterion for comparing overall performance of varieties across varying environments and management practices in IVS. Taking grain yield of less than 500 kg ha⁻¹ as an indicator of crop failure, the data in figure 7.1 show that the improved variety ITA 306 is superior to other varieties. It was the only variety not to fail at any of the 19 sites. At a low fertilizer level ITA 306 outyielded the local variety at 90 percent of the sites, at a high fertilizer level, both ITA 306 and ITA 212 outyielded the local variety at 74 percent of the sites (table 7.1).

Table 7.13. Tuber yield of dry season sweet potato in Inland valley swamps in a farmer-managed trial, Bida, 1987

Variety	Planting system		Variety mean
	Mound	Ridge	
	-----Yield (kg ha ⁻¹)-----		
TIS 2498	4140	3400	3770
Local	4230	1470	2850
Planting system			
Mean	4180	2440	
SE			
for main effects of variety:	±776.8		
for main effects of planting system:	±481.1		

Note: Data from 7 sites (farmers')

Tuber yield in general was low and was similar to that obtained in 1986. Drought stress is the most limiting factor in dry season sweet potato production in IVS. Mounding seems to help conserve soil moisture, which could be the reason why there were higher yields in mounds than in ridging. It was observed that soil moisture was easily lost in ridges probably because of the smaller size of ridges and volume of soil in them. This phenomenon will be further investigated in 1988.

TIS 2498 tended to be more vegetative than the local sweet potato, and its growth was therefore favored by plentiful soil moisture. The local variety appeared to be drought-tolerant. However, the improved sweet potato seemed to take longer to mature than the local variety. Thus, for drier areas there is a need for improved early maturing sweet potato varieties which are drought-tolerant and high yielding. In wet areas, varieties that can withstand waterlogging and are tolerant to rotting will be required. This should be the basis for selecting sweet potato varieties for IVS.

M. C. Palada and O. O. Fashola

Physical characteristics of IVS in benchmark research sites

Water balance and soil fertility are the two major natural physical factors which determine the productivity of rice-based farming systems in IVS. The water balance of IVS is determined not only by rainfall patterns and soil characters associated with water holding capacity, but also by the catchment factor, or in other words the contribution of water from the catchment to the IVS. Although soil, vegetational cover and topography modify the catchment factor, the ratio of total catchment area to IVS is the main determinant. The ratio varies from higher than 100:1 to lower than 5:1 in West Africa. In general, IVS in the drier regions have a higher ratio and a bigger catchment contribution than IVS in the wetter regions. This is why some IVS in the Sudan Savanna zone or even in the Sahel zone can grow lowland rice.

Soil texture and slope are the most important soil characters controlling water holding capacity. The soils of most IVS in West Africa are sandy. If clay sedimentation predominates over erosion, soils may be relatively fertile with finer texture. Since the valley bottom has a 1-2 percent slope or less, sedimentation may predominate, resulting in loamy or finer soil. The reverse is true at the fringe, which has a 2-9 percent slope. Heavy rainfall and sparse vegetational cover promote erosion on any slope. Therefore, sandy soils are often widespread even at the valley bottom.

IVS selected for on-farm research at Bida in central Nigeria have mean annual rainfall of about 1100 mm; and since the ratio between total catchment and IVS is about 100:1, the catchment factor may be large. The valley fringes are exclusively sandy, but bottom lands are partly loamy to clay topsoils. However, 10-50 percent of the bottom lands are also subject to erosion resulting in the formation of sandy soils and, finally, waste land.

IVS at Makeni in Sierra Leone receive a mean annual rainfall higher than 3000 mm. The catchment contribution is probably smaller than at Bida. The area ratio is only about 5-10:1. Heavy rainfall means that erosion predominates over sedimentation. Thus, very sandy soils are common at both fringe and bottom land at Makeni.

The actual water balance of each field where rice and other crops are grown is site specific, depending on topographical position and seasonal changes. Human practices such as irrigation, drainage, leveling, bunding and puddling also modify water balance. At the first stage of research, it is important to monitor the actual water balance in each field directly. After data have been gathered from various IVS, and correlated with the factors controlling water balance, a method can be developed for extrapolating the water balance of each field without direct field measurement.

Rainfall and water discharge relationships were investigated at Gara (catchment area 800 ha), Anfani (1300 ha) and Gadza (6000 ha) inland valleys, in the Bida area of Nigeria.

Direct monitoring of ground and surface water levels and land use patterns of the three inland valleys began in July 1986 in Gara and Anfani, and in Gadza in June 1987. Thirteen transect lines in Gara, 10 in Anfani and 7 in Gadza were monitored every 2 weeks. Each transect had 5-18 plastic tubes measuring groundwater. Some examples of the fluctuation of groundwater depth in the middle, upper and lower streams of Gara valley are shown in figures 7.2, 7.3 and 7.4 respectively. Each figure shares a cross-section of topography along the transect line.

Figure 7.2 shows the relations between rainfall pattern and ground water dynamics in the IVS soils. In 1987, August had the highest rainfall. Major flooding, defined as flooding that covers more than 50 percent of the valley bottom, started at the end of August, whereas in 1986, it had started at the end of September. Farmers started planting rice earlier in 1987 than in 1986. Major flooding of the bottom land had continued until 3 December 1986 whereas in 1987 it lasted only until 9 November. Total length of the major flooding period was similar in 1986 (76 days) and 1987 (77 days). The mean for the 13 transects in Gara was 102 days in 1986, whereas it was 93 days in 1987. These results are well correlated with annual rainfall: 1085 mm in 1986 and 870 mm in 1987. The amount of rainfall in 1987 was near the lowest recorded in Bida. Rice fields at the fringe part suffered from a continuous shortage of water.

Figure 7.3 shows the results from transect 3 in Gara, which is in the upper stream position. The soils became driest in May. However, the groundwater level stayed at between 25 and 75 cm depth. This shows that the bottom land soils in this part of the IVS have enough moisture for growing a range of dry season crops between February and July, although farmers planted only cassava.

Figure 7.4 shows transect 13 in Gara, which is in the lower stream position. The unusually shallow groundwater level along tubes No.1 to 3 during August to November was due to seepage water. Although farmers tried to cultivate rice using this water, it was not enough to grow a crop of rice. Other crops may be suitable for growing in this part of the *fadama* during these periods.

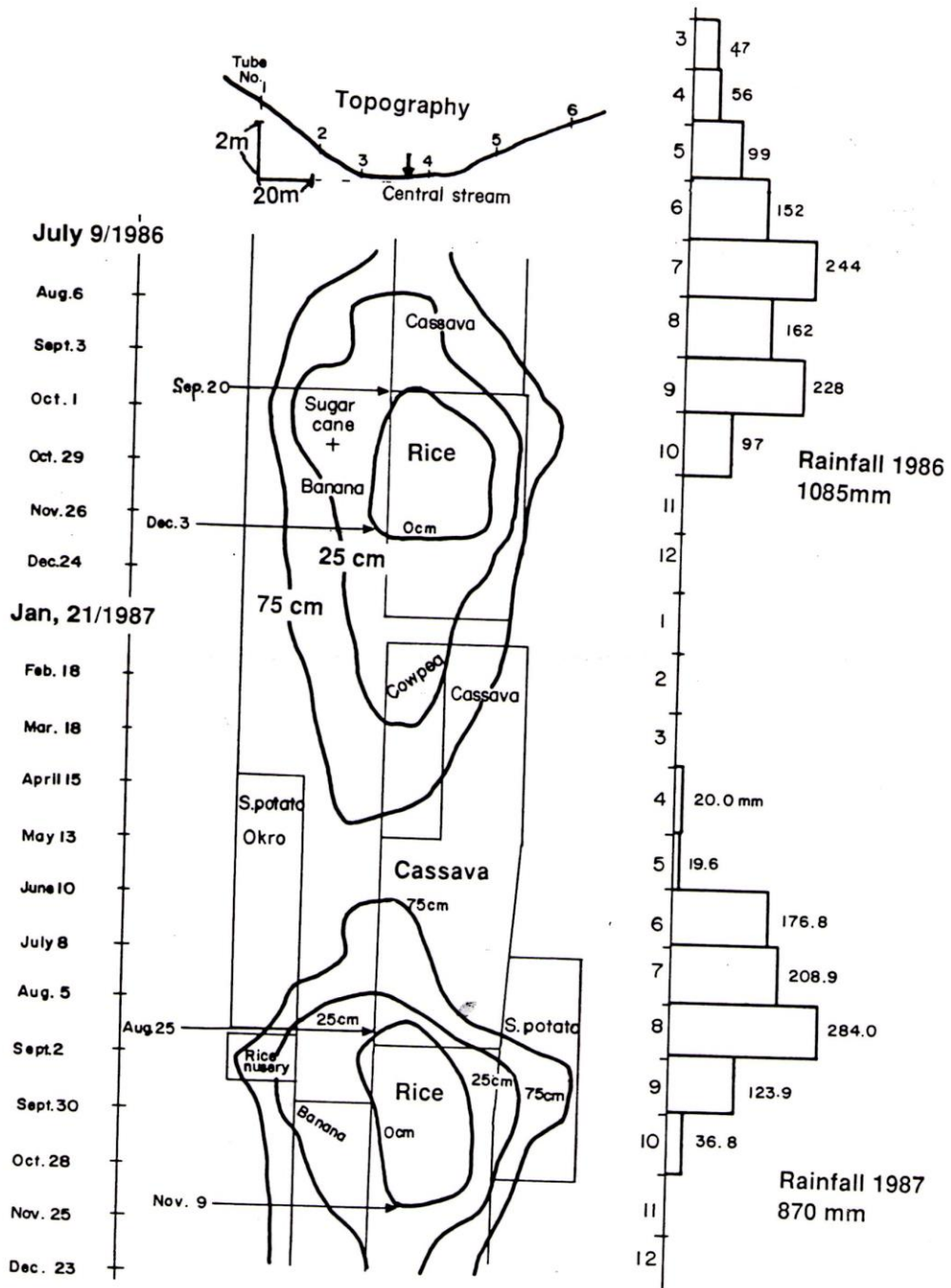


Figure 7.2. Groundwater depth (cm) dynamics and land use pattern along the transect 8 at Gara, Bida, Nigeria: relatively dry site

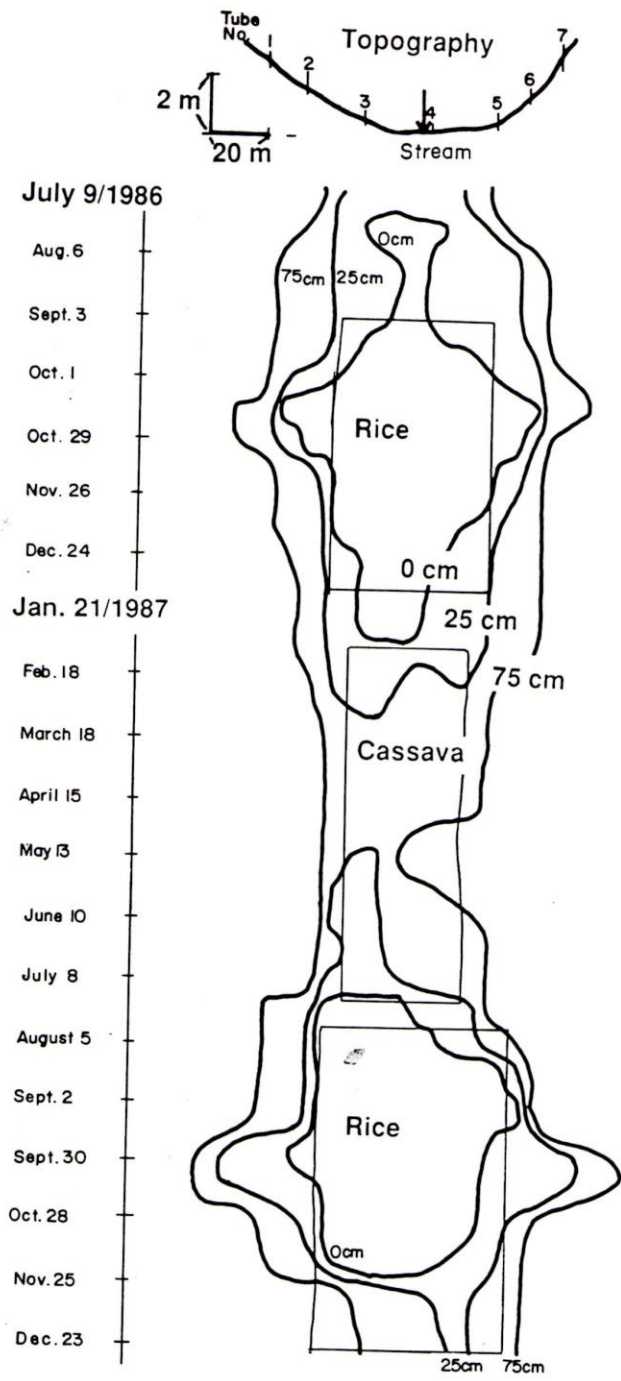


Figure 7.3. Groundwater depth (cm) dynamics and land use pattern along transect 3 in Gara, Bida, Nigeria: relatively moist site

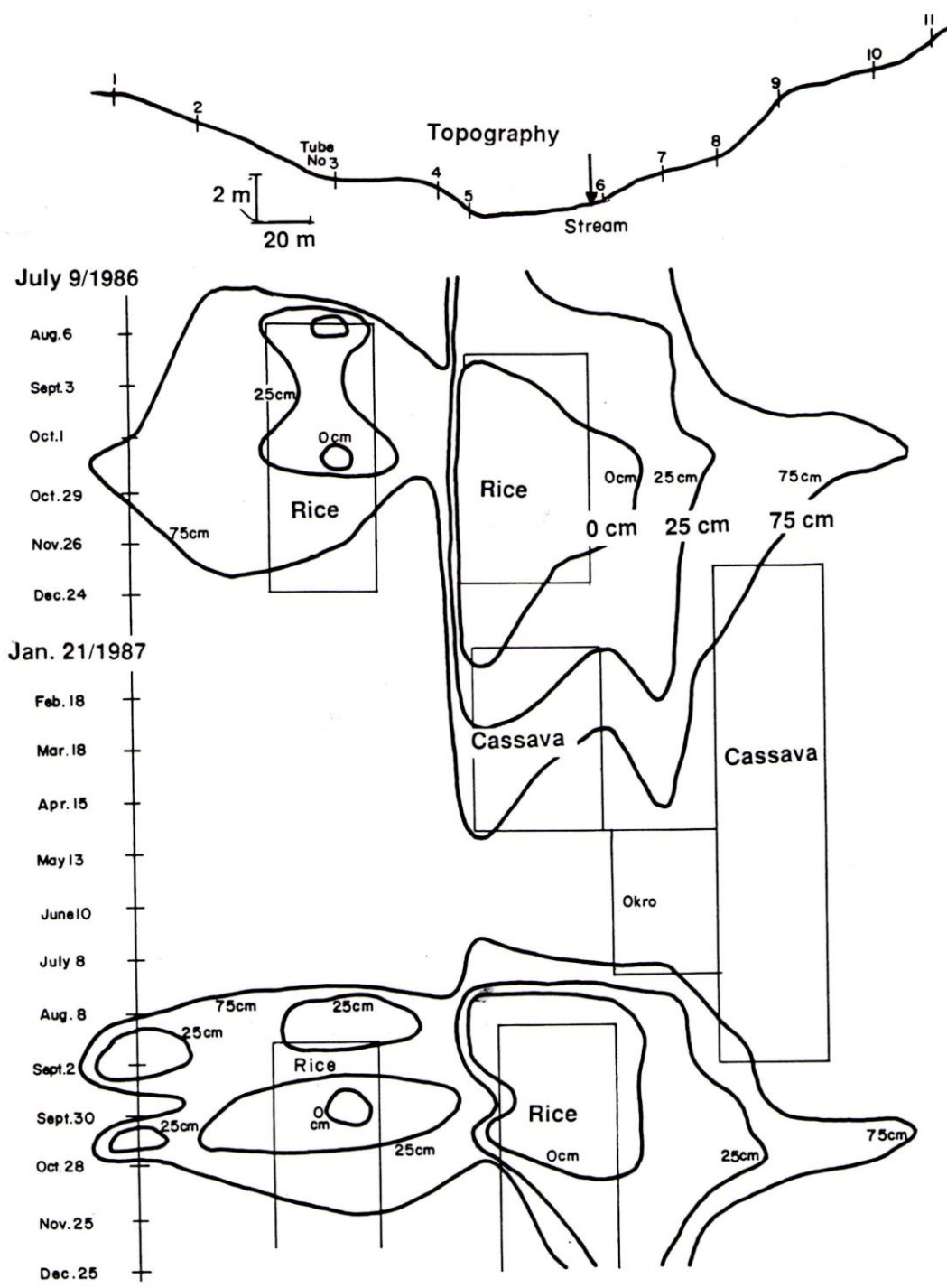


Figure 7.4. Groundwater depth (cm) dynamics and land use pattern along the transect 13 in Gara, Bida, Nigeria: (seepage flow)

Table 7.14. Selected physicochemical nature of soils along the toposequence at transect 7 in Gara, sampled on 15 January 1987, harvesting time

Selected properties	Depth (cm)	B-1 upper B-1 lower		B-3	B-5	E-1	E-3	E-5	E-7
		(Fringe)							
Clay (%)	0-5	6	8	16	21	8	12	16	22
	10-20	6	8	16	21	8	10	20	20
	20-30	6	9	24	10	6	8	25	10
	40-50	5	6	6	8	6	7	9	10
CEC (me/100 g)	0-5	1.3	1.6	3.1	3.8	1.4	1.8	3.3	3.8
	10-20	0.9	1.3	3.5	3.8	1.4	1.8	3.3	3.8
	20-30	0.8	1.0	4.3	1.7	0.6	1.2	4.4	1.6
	40-50	0.6	0.9	0.8	0.8	0.6	0.8	1.4	2.0
Exchangeable Ca (me/100 g)	0-5	0.81	0.86	1.65	1.87	0.83	0.77	1.56	1.56
	10-20	0.37	0.64	1.11	1.50	0.60	0.44	1.10	1.26
	20-30	0.43	0.56	0.83	0.58	0.36	0.33	1.69	0.47
	40-50	0.36	0.48	0.33	0.36	0.36	0.22	0.42	0.40
Exchangeable K (me/100 g)	0-5	0.10	0.07	0.11	0.11	0.08	0.08	0.23	0.23
	10-20	0.04	0.05	0.09	0.08	0.09	0.05	0.08	0.12
	20-30	0.04	0.03	0.07	0.04	0.04	0.05	0.08	0.06
	40-50	0.03	0.03	0.04	0.03	0.06	0.04	0.04	0.08
Organic carbon (%)	0-5	0.29	0.54	1.54	1.37	0.46	0.97	1.43	1.18
	10-20	0.29	0.54	1.54	1.37	0.46	0.97	1.43	1.18
	20-30	0.05	0.30	1.13	0.29	0.10	0.17	0.89	0.32
	40-50	0.06	0.08	0.253	0.25	0.07	0.07	0.16	0.15
Total nitrogen (%)	0-5	0.012	0.032	0.129	0.112	0.034	0.065	0.102	0.095
	10-20	0.011	0.027	0.087	0.087	0.007	0.030	0.054	0.053
	20-30	0.023	0.022	0.087	0.023	0.014	0.014	0.085	0.022
	40-50	0.037	0.029	0.017	0.011	0.029	0.011	0.014	0.018
Available P (Bray No. 1) (ppm)	0-5	5.7	7.4	6.6	7.2	3.0	1.4	2.7	5.4
	10-20	3.8	8.1	4.7	2.9	2.4	1.5	2.2	3.3
	40-50	5.1	5.1	5.9	8.4	2.7	6.2	4.9	5.1

Notes: B-1 = Improved paddy (upper and lower fringe); B-3 = Improved paddy (middle valley bottom); B-5 = Improved paddy (lower valley bottom); E-1 = Farmer's paddy (upper fringe); E-3 = Farmer's paddy (middle fringe); E-5 = Farmer's paddy (upper valley bottom); E-7 = Farmer's paddy (lower valley bottom).

Table 7.14 shows the physicochemical nature of rice soils at transect 7 in Gara. Fringe soils are low in clay and effective cation exchange capacity and have poor chemical fertility. Although the top 20-30 cm of valley bottom soils have enough clay and, therefore, relatively high CEC and chemical fertility, the subsoils are sandy and poor. Some parts of valley bottoms in Gara, as well as in Anfani and in Gadza valley, have a very thin layer of top soil— and there are waste lands that no longer have any clay layer at all. Most inland valleys are now characterized as highly degraded soils due to erosion and leaching of soil nutrients.

T. Wakatsuki

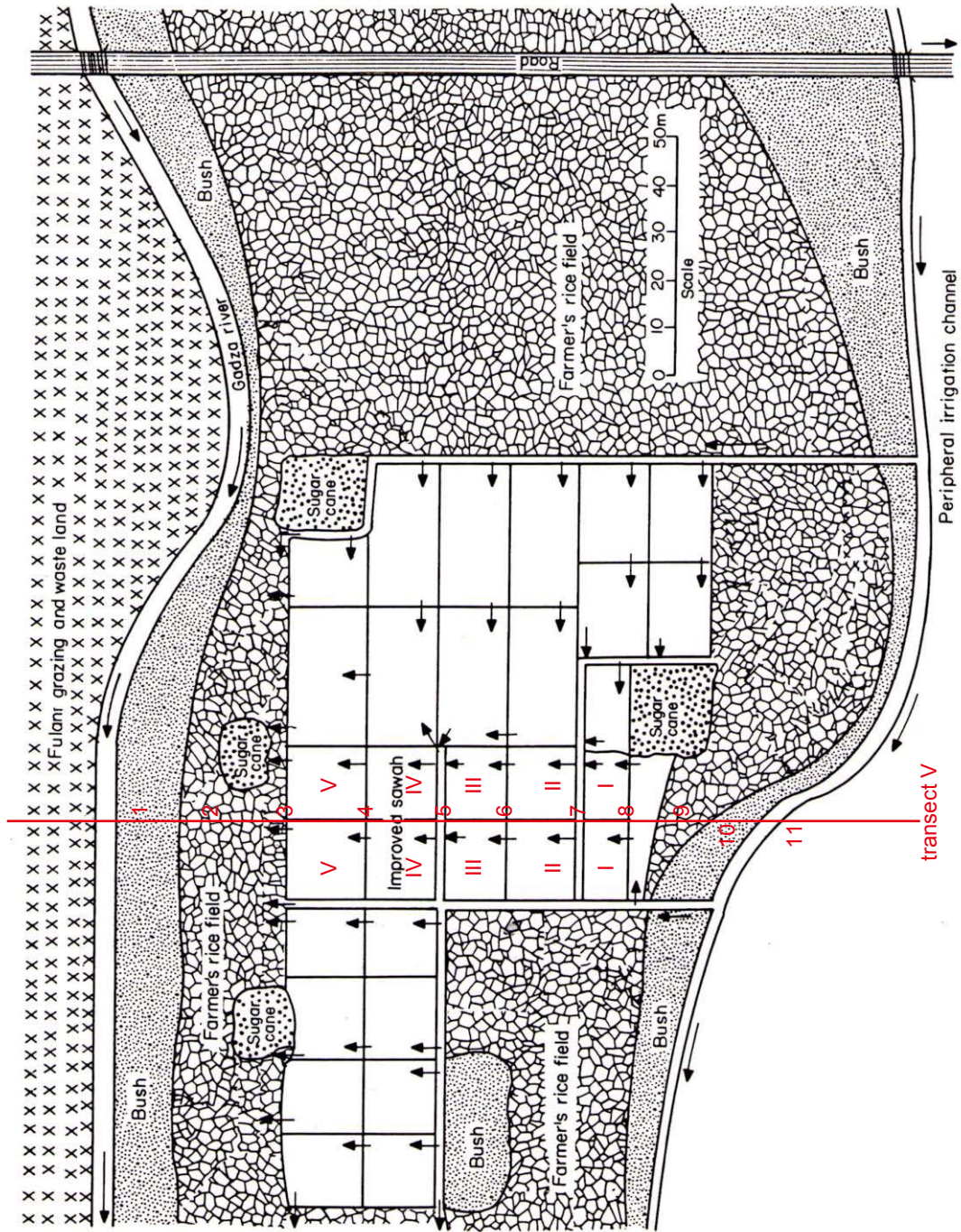


Figure 7.5. Sketch of farmers' rice fields and improved paddy (sawah) at Gadza, Bida, Nigeria, November, 1987
 Note: Rice yields of various varieties in the Sawah plots at I, II, III, IV and V are shown in Table 6 of the paper presented at the 2nd WAFSRN (West Africa Farming System Research Network) symposium by T. Wakatsuki et al. entitled "Sawah for Sustainable Rice Farming in Inland Valley Swamps, IVSs in West Africa," 28th August- 1st September 1989, Accra, Ghana. Top 10 cm soil characteristics of the I~ V as well as ground water dynamics along the transect V above are shown in Table 7 and Fig. 7 respectively of the same paper above. The data are shown in Wakatsuki et al. WAFSRN paper in 1989.

Effect of improving the paddy or *sawah* systems

The rudimentary *sawah* system used by farmers was improved at Gadza in 1986 in order to reduce water leakage and level the surface (figure 7.5). The aim was to create a more regular shape and bigger plot size, as well as more bunds. Since the work was done using only traditional tools, the quality of the bund and the degree of leveling were not excellent. However, with subsequent croppings it is expected that this will improve, provided farmers do not destroy established bunds. After improvement of the *sawah*, a Turtle power tiller was used for puddling and leveling. These changes also resulted in improved water management practices. The improved *sawah* decreased the water requirement and increased rice yield considerably, as shown in the 1986 Annual Report.

Table 7.15 shows the dynamics of the physicochemical nature of rice soils in improved *sawah* and in farmers' rice fields in an IVS in Gara. The characteristics of the top 5 cm of soils were compared before and after rice cultivation. Topsoils in the improved *sawah* seemed to accumulate clay during the rice growing period, resulting in higher effective CEC and exchangeable calcium and magnesium. However, the clay content in farmers' rice fields did not tend to increase. Instead soils in farmers' rice fields tended to lose both their silt and their clay fractions. The retention times of water in improved *sawah* were 1 to 2 days at the fringe and 3 to 5 days on bottom land. In farmers' fields retention times were estimated at a few hours only. Thus the clay particles in water in the improved *sawah* had enough time to settle, while soils in farmers' rice fields were more easily eroded by the continuous flow of surface water.

Improved *sawah* systems have been recognized as one of the most sustainable wetland production systems in a wide range of climatic conditions from temperate monsoon to humid tropics in Asia. There are no physical and environmental limitations to the development and management of the *sawah* system in most of West African IVS, as demonstrated in this as well as earlier research by other groups. It is therefore necessary to determine the socioeconomic constraints and devise strategies that would lead to widespread adoption of the system by African farmers.

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Costs and returns of improved paddy system in Bida, Nigeria

To construct the partially improved *sawah* (paddy) system described in the previous section would require an estimated 175 to 225 person-days of hired or family labor per hectare. In addition, about 20 person-days would be required every year to maintain the systems. Assuming a 10-year life span for an improved *sawah* and a discount rate of 20 percent, the present value of the investment is ₦1379 ha⁻¹ (table 7.16). A modest yield increase of 0.5 to 1.5 tons ha⁻¹ is easily attainable under farmers' crop management conditions. During the first year of improvement it is assumed that yield increase will be zero or minimal, since surface soil will be considerably disturbed. Using the current farm state market price of ₦730 ton⁻¹ an internal rate of return (IRR) of 58 percent and a benefit: cost ratio of 2.4 are obtained. This conservatively estimated rate of return is much above the market interest rate, indicating that it would be profitable to invest in small-scale paddy improvement.

If the profitability of paddy improvement is so high, why have farmers not made investments in these improvements? The answer may lie with the past economic policies of the government and local institutional factors. In the past, liberal food import policies and overvaluation of the naira turned the terms of trade against the agricultural sector. For example, re-evaluating the investment at the 1984/85 paddy price of ₦350 ton⁻¹, the IRR is reduced to 27 percent, only a little over the institutional

Table 7.15. Dynamics of physicochemical natures of rice soils in improved sawah and farmers' fields at inland valley, Gara, Bida, Nigeria, 1987

Sawah system	pH (H ₂ O)		Org. carbon	T-N %	Exchangeable cations (me/100g)						Avail. P (B-1)	Sand (%)	Silt (%)	Clay (%)		
	wet	dry			Ca	Mg	K	Na	Mn	Al+H					CEC	
I. Top-soil, 0.5 cm, sampled at September 19, 1986 (transplanting time)																
Impro-ved)	B-1	5.8	5.1	0.42	0.026	0.53	0.11	0.08	0.01	0.05	0.34	1.12	23.2	82	11	7
	-3	5.8	5.6	1.50	0.108	1.32	0.29	0.19	0.01	0.12	1.23	3.17	13.5	63	20	17
	-5	6.0	4.4	1.41	0.104	1.37	0.31	0.21	0.03	0.16	1.00	3.08	10.9	66	17	17
Impro-ved)	C-2	5.6	5.2	0.49	0.050	0.64	0.12	0.17	0.03	0.05	0.33	1.34	53.2	82	8	10
	-4	5.7	4.8	1.43	0.110	1.44	0.33	0.29	0.03	0.14	0.95	3.18	14.9	64	19	17
	-6	6.3	4.7	1.84	0.136	2.25	0.43	0.39	0.05	0.22	0.81	4.15	9.1	55	23	22
Far-mer's rice paddy)	E-1	5.7	5.3	0.87	0.034	0.52	0.19	0.11	0.02	0.08	0.52	1.44	17.2	78	14	8
	-3	5.7	5.0	1.26	0.076	0.80	0.17	0.13	0.02	0.11	1.24	2.47	9.0	68	20	12
	-5	5.4	4.9	1.19	0.088	0.82	0.20	0.14	0.02	0.11	1.48	2.77	5.9	62	20	18
	-7	6.1	5.1	2.69	0.200	2.10	0.44	0.46	0.07	0.16	1.04	4.27	11.2	52	26	22
II. Top-soil, 0-5cm, sampled at 15 January 1987, harvesting time. Difference between I and II, harvesting - (transplanting)																
Impro-ved)	B-1	-	0.2	0.41	-0.004	0.31	0.13	0.01	0.10	-0.02	-0.14	0.37	-16.6	0	0	0
	-3	-	-0.1	0.04	0.021	0.33	0.13	-0.08	0.08	-0.04	-0.25	0.18	-6.9	1	0	-1
	-5	-	-0.4	-0.04	0.008	0.50	0.50	-0.10	0.07	-0.07	-0.14	0.69	-3.7	-11	7	4
Impro-ved)	C-2	-	-0.3	0.07	0.009	0.33	0.2	-0.08	0.07	-0.02	-0.11	0.87	-23.6	-10	8	2
	-4	-	-0.2	-0.05	-0.004	1.06	0.17	-0.14	0.09	-0.12	0.02	1.12	-7.4	1	-6	5
	-6	-	-0.2	-0.15	0.019	0.07	0.15	-0.18	0.11	-0.08	0.82	0.89	-3.9	-7	2	5
Far-mer's rice paddy)	E-1	-	0	-0.41	0	0.31	0.09	-0.03	0.09	-0.03	-0.52	-0.09	-14.2	6	-6	0
	-3	-	0	-0.29	-0.107	-0.03	0.08	-0.05	0.09	-0.06	-0.66	-0.63	-7.6	5	-5	0
	-5	-	-0.1	0.24	0.014	0.74	0.28	0.09	0.13	0.01	-0.74	-0.51	-3.2	2	0	-2
	-7	-	-0.8	-1.51	-0.110	-0.54	0.01	-0.23	0.05	-0.09	0.34	-0.46	-5.8	11	-11	0

Notes: B-1 = upper and lower fringe; B-3 = middle valley bottom; B-5 = lower valley bottom; C-2 = upper fringe; C-4 = middle fringe; C-6 = lower valley bottom; E-1 = upper fringe; E-3 = middle fringe; E-5 = upper valley bottom; E-7 = lower valley bottom;

Table 7.16. Financial analysis of paddy improvement by farmers in Niger State, Nigeria^a

Year	Investment cost (N ha ⁻¹)	Rice yield increase (t ha ⁻¹)	Value of rice (N ha ⁻¹)	Net benefits (N ha ⁻¹)	Costs	Present values (N ha ⁻¹) ^b	
						gross benefits	net benefits
1	1000	0	0	0	1000	-1000	-1000
2	100	0.5	365	265	83	304	221
3	100	1.0	730	630	67	491	437
4	100	1.5	1095	995	55	603	576
5	100	1.5	1095	995	45	494	449
6	100	1.5	1095	995	37	405	340
7	100	1.5	1095	995	30	332	333
8	100	1.5	1095	995	25	273	278
9	100	1.5	1095	995	20	223	231
10	100	1.5	1095	995	17	183	193
Total	1900	12.0	8760	6860	1379	3308	2058
	B:C ^c = 2.4	IRR ^d = 58%					

- Notes :** ^a Although improved paddies can last indefinitely, benefits and costs are estimated for a 10-year period only since most farmers base their investment decisions on expected returns over a short to medium period. Also a conservative yield increases of 1.5 t ha⁻¹ is maintained although yield increases will become larger with the improvement of soil texture and soil fertility over time.
- ^b Based on 20% discount rate
- ^c B:C = Benefit cost ratio
- ^d IRR = Internal rate of return

market interest rate. Thus, it was not attractive enough to invest in paddy improvement, given the high opportunity cost of farm labor and cash capital. Secondly, investment in paddy improvement presupposes permanent land use rights by farmers whereas most rice farmers in Niger State are tenants. It is unlikely that farmers will invest in land which is not theirs when there is no assurance that they can continue to cultivate indefinitely. In fact, making the land more productive may attract absentee landlords back to it, or they may increase the rent.

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